

**DETECTION OF *CHLAMYDOPHILA PSITTACI* ANTIBODIES FROM CAPTIVE BIRDS
AT THE NINOY AQUINO PARKS AND WILDLIFE NATURE CENTER,
QUEZON CITY, PHILIPPINES**

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Abstract: The present study was undertaken to detect the presence of *Chlamydophila psittaci* antibodies in captive birds at the Wildlife Rescue Center, Ninoy Aquino Parks and Wildlife Nature Center, Quezon City, Philippines. Blood was collected from 36 birds of different species and the presence of antibodies against *C. psittaci* was detected using an ELISA-based test kit. 25% of the samples demonstrated antibodies against *C. psittaci*. The results of this study confirmed the presence of *C. psittaci* antibodies among the captive birds examined.

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INTRODUCTION

Psittacosis or ornithosis is a zoonotic respiratory disease caused by a parasitic bacterium *Chlamydophila (Chlamydia) psittaci* [7]. The disease is characterized by fever, watery-green diarrhea, anorexia, emaciation, respiratory distress and conjunctivitis in birds [1]. It is classified as an occupational disease with man often as an accidental host through exposure to carrier animals. Veterinarians, aviary and pet shop workers are potentially at risk as well as wildlife park visitors and those who rear birds as pets. The disease in humans may vary, from asymptomatic infections to mild influenza-like illness to severe pneumonia with involvement of several extra-pulmonary organs [5, 8].

In the Philippines, the presence of *C. psittaci* has been demonstrated through detection of antibodies from test animals although this study was undertaken a long time ago. Arambulo (1971) detected the presence of antibod-

ies against *C. psittaci* among several species of birds in Manila and Bulacan using the direct complement fixation test (CFT) [2]. In addition, Asai *et al.* (1991) demonstrated antibodies against *C. psittaci* in 13 out of 147 (9%) crab-eating monkeys (*Macaca fascicularis*) imported from the Philippines, also by using direct CFT [3].

Although, to the best of our knowledge, the presence of the disease in humans has not been reported in the Philippines, previous studies suggesting the presence of *C. psittaci* among domestic and wildlife species may suggest the possibility of transmission to humans.

The fact that birds play an important role in the transmission of the disease to humans means that studies such as this would be very valuable in determining the status of the disease in animals. This study was conducted to detect antibodies against *C. psittaci* from captive birds at the Wildlife Rescue Center (WRC), NAPWNC, Philippines using an ELISA test kit.

Table 1. Prevalence of *Chlamydothyla psittaci* antibodies from captive birds at the Ninoy Aquino Parks and Wildlife Nature Center, Philippines.

| Species | Total population | Number of animals | | Combscale Scores ^a |
|-------------------------------|------------------|-------------------|----------|-------------------------------|
| | | Tested | Positive | |
| Psittacines | | | | |
| <i>Psittacula krameri</i> | 22 | 2 | 1 | 2 |
| <i>Cacatua galerita</i> | 8 | 1 | 1 | 2 |
| <i>Eclectus roratus</i> | 3 | 2 | 1 | 1 |
| <i>Cacatua</i> sp. | 44 | 5 | 2 | 1,1 |
| <i>Lorius</i> sp. | 20 | 2 | 1 | 4 |
| Raptors | | | | |
| <i>Spilornis cheela</i> | 8 | 2 | 0 | 0 |
| <i>Tyto capensis</i> | 9 | 2 | 0 | 0 |
| <i>Bubo philippensis</i> | 4 | 2 | 0 | 0 |
| <i>Haliastur indus</i> | 40 | 6 | 1 | 1 |
| <i>Spizaetus philippensis</i> | 5 | 5 | 2 | 1,1 |
| Others | | | | |
| <i>Corvus enca</i> | 1 | 1 | 0 | 0 |
| <i>Gracula religiosa</i> | 2 | 2 | 0 | 0 |
| <i>Anthracoceros marchei</i> | 1 | 1 | 0 | 0 |
| <i>Byceros hydrocorax</i> | 3 | 3 | 0 | 0 |
| Total | 170 | 36 | 9 | – |

^acombscale score based on the immunocomb[®] ELISA kit (1-2 (low positive); 3-4 (positive); 5-6 (high positive))

MATERIALS AND METHODS

A total of 36 captive birds, 2 per cage, from WRC, NAP-WNC, Diliman, Quezon City, Philippines, were used as a sample population (Tab. 1). The birds that were randomly selected appeared to be healthy upon physical examination and were approximately more than 5 months of age. With the bird properly restrained, the wings were carefully unfolded to expose the wing vein. In some cases, when the wing veins were small, the medial metatarsal vein was used in blood collection. About 0.1ml of blood was drawn using sterile 1 ml syringes with 25 gauge needle. Collected blood was used to saturate the pre-punched filter paper discs included in the ELISA kit. The discs were then air-dried prior to testing.

The ELISA test kit for avian *C. psittaci* (Immunocomb[®], Biogal, Kibbutz Galed, Israel) is based on a rapid competitive enzyme-linked immunosorbent assay technique that detects immunoglobulin G-antibodies (IgG) against *C. psittaci* in avian species. The manufacturer's directions were followed in running the ELISA test. Results were read by comparing the shade of grey of the test result with that on the combscale card. Samples having a color similar to the combscale pattern of the kit from a combscale reading of 1-6 were considered positive, with a reading of 1 as low positive, and 6 as high positive.

RESULTS AND DISCUSSION

C. psittaci bacteria, which are avian strains, can be transmitted to humans usually by inhalation of infected dust [6]. The infection may pass asymptotically or may be manifested in the form of an influenza-like illness to severe pneumonia with other multisystemic disease [1, 5, 8]. Because of this, it is very important to determine the occurrence of this organism in the avian population, as this may be an important source of human infections particularly in the Philippines where recent investigation on this organism is lacking.

The complete results of the detection of antibodies against *C. psittaci* using the ELISA test kit are presented in Table 1. From a sample population of 36, a total of nine (25%) demonstrated antibodies against *C. psittaci*; six (16.7%) of which are psittacines and three (8.3%) are raptors. Six birds have a combscale score of 1 (low positive), two showed a rating of 2 (low positive), and one bird recorded a combscale score of 4 (positive). These results indicated that these birds may have been exposed to *C. psittaci*. In the present study, it was observed that the cages of psittacines in the park were situated next to each other and many birds are housed together in one cage. This may contribute to the high carrier rate and occurrence of the organism in this species of birds. Raptors, on the other hand, are generally caged individually or in small groups.

As this is a public park, the people frequenting the area as well as visitors might be at some risk of contracting the organism. It should be noted that with even a brief exposure to infected birds the organism may be transmitted to humans and can cause disease [5, 8]. The fact that these birds are popular as pets and in animal shows, psittacosis has become an important public health concern [4]. Results of this study confirmed the presence of *C. psittaci* antibodies among the captive birds examined. These birds could be an important source of infection for other animals and more importantly for humans. It is recommended that the results gathered from this initial study should be verified through further serological testing and isolation of the organism among the birds tested.

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