EXPOSURE TO AIRBORNE MICROORGANISMS, DUST AND ENDOTOXIN DURING FLAX SCUTCHING ON FARMS

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Abstract: Microbiological air sampling was performed on 5 flax farms located in eastern Poland. Air samples for determination of the concentrations of microorganisms, dust and endotoxin were collected in barns during machine scutching of flax stems by the farmers. The concentrations of mesophilic bacteria ranged from 203.5-698.8 × 10^3 cfu/m^3, of Gram-negative bacteria from 27.2-123.4 × 10^3 cfu/m^3, of thermophilic actinomyces from 0.5-2.6 × 10^3 cfu/m^3, and of fungi from 23.4-99.8 × 10^3 cfu/m^3. The concentrations of total airborne microorganisms (bacteria + fungi) were within a range of 245.0-741.0 × 10^3 cfu/m^3. The values of the respirable fraction of total airborne microflora on the examined farms were between 45.5-98.3%. Corynebacteria (irregular Gram-positive rods, mostly \textit{Corynebacterium} spp.) were dominant at all sampling sites, forming 46.8-67.8% of the total airborne microflora. Among Gram-negative bacteria, the most numerous species was \textit{Pantoea agglomerans} (synonyms: \textit{Erwinia herbicola}, \textit{Enterobacter agglomerans}), known to have strong endotoxic and allergenic properties. Among fungi, the allergenic species \textit{Alternaria alternata} prevailed. Altogether, 25 species or genera of bacteria and 10 species or genera of fungi were identified in the farm air during flax scutching; of these, 11 and 6 species or genera respectively were reported as having allergenic and/or immunotoxic properties. The concentrations of airborne dust ranged within 43.7-648.1 mg/m^3 (median 93.6 mg/m^3), exceeding on all farms the Polish OEL value of 4 mg/m^3. The concentrations of airborne endotoxin ranged within 16.9-172.1 µg/m^3 (median 30.0 µg/m^3), exceeding at all sampling sites the suggested OEL value of 0.2 µg/m^3. In conclusion, flax farmers performing machine scutching of flax could be exposed to large concentrations of airborne microorganisms, dust and endotoxin, posing a risk of work-related respiratory disease.

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Key words: flax farmers, scutching, occupational exposure, organic dust, bioaerosols, bacteria, fungi, endotoxin, \textit{Pantoea agglomerans}.

INTRODUCTION

Processing of vegetable matter may be associated with exposure to large quantities of organic dust and bioaerosols causing allergic and/or immunotoxic reactions and respiratory disease in the workers [8, 9, 17, 39, 40, 45, 59, 60, 70]. The risk concerns also the farmers cultivating flax (\textit{Linum usitatissimum}) and flax processing workers of the textile industry. Common occurrence of byssinosis, asthma, chronic pneumonia, and bronchitis was found...
among the workers of the flax industry and attributed to the effects of bacteria and fungi present on flax stems [1, 2, 4, 5, 25, 27, 72, 80, 81]. The concentrations of bacteria and fungi found by various authors in the air of flax processing factories ranged from $1.7 \times 10^3 - 6.0 \times 10^7$ cfu/m$^3$ and from $1.3 \times 10^3 - 7.4 \times 10^4$ cfu/m$^3$, respectively [5, 27, 31, 58, 72, 80]. The concentrations of dust in this environment were within a range of $3.2 - 50.5$ mg/m$^3$ [2, 5, 30, 72, 80]. The concentration of bacterial endotoxin on the premises of the flax industry was determined as between 0.5 - 2.5 µg/m$^3$ [66, 67].

Compared to flax industry workers, much less is known about the exposure of farmers growing flax to dust and bioaerosols and health effects of the exposure in farmers’ population. Flax farmers either provide harvested flax directly to textile factories or separate flax fibres by themselves through the machine scutching (threshing) flax before delivery of fibres to factory. Malenky [48, 49] found that out of 593 female workers of a cooperative farm in the former Soviet Union, exposed during flax scutching to extremely large dust concentrations ($1000 - 3458$ mg/m$^3$), 148 (25%) had respiratory disorders and 43 (7.3%) had radiological changes in the lungs. Workers with the job duration of 20 - 35 years showed decrease of vital capacity of the lungs (VC) by 25%. The author has confirmed a high degree of respiratory risk by an experiment, in which he found inflammatory changes in the lungs of white mice exposed for 3 months to flax dust. Noweir et al. [56] reported the 22.9% frequency of byssinosis among the Egyptian workers processing flax manually in small workshops or homes and exposed to large quantities of dust (8.5 - 67.4 mg/m$^3$).

So far, there are no reliable data on microbial pollution of the air during scutching of flax on farms. The results of Malenky [49] obtained by an outdated sedimentation method are inconclusive, as the number of bacteria could not be determined because of confluent growth on agar plates and the reported number of fungi $2.2 - 2.6 \times 10^1$ cfu/m$^3$ is definitely underestimated.

The aim of the present work was to determine the levels of microorganisms, dust and endotoxin in the farm air during flax scutching, and to examine the species composition of airborne microflora.

MATERIALS AND METHODS

Examined farms. Air sampling was performed on 5 farms owned by flax cultivating farmers, located in Lublin province (eastern Poland) on the territory of 2 villages, at the distance of circa 35 km in a southeasterly direction from the city of Lublin. Samples were collected in winter 1997 (29 January – 7 March) during machine scutching (threshing) of flax by farmers in the barns.

Flax plants were combine harvested in July 1996 and left for about 6 weeks in the field for natural, dew retting. Then, after drying and machine deseeding, flax stems were transported to the barn and stored for several months until scutching. Scutching was performed inside a barn with a big machine in which the flax fiber is separated from boon by a system of rollers in a 2-stage process. Each time, 7 – 10 farm workers were occupied at machine scutching of flax, of whom 3 – 4 persons split bundles of flax stems and loaded them into the inlet of machine, 2 watched the stems during scutching and the other 2 – 4 persons bound up separated flax fibers at the outlet of the machine.

Air samples were taken at the height of 145 cm, as close as possible (circa 1 m) to the workers loading flax stems where the dust release into air was always very high.

Microbiological examination of the air. Air samples were taken on the farms with a custom-designed particlesizing slit sampler [13] which enabled estimations of both total and respirable fractions of the microbial aerosol (Polish Patent 87612 assigned on 6 June 1977). Each air sample was a duplicate, taken at a flow rate of 20 l/min. It consisted of 2 parallelly exposed agar plates: one, “a”, sampled directly for all organisms and used for the estimation of the total concentration of cfu per m$^3$ and the other, “b”, sampled through a pre-selector (consisting of a system of glass tubes and regulated deposition discs covered with a sticky substance) for the respirable fraction. The value of respirable fraction was expressed as a percent (%) of the total count, calculated by division of the number(s) of cfu on plate(s) “b” through the number(s) of cfu on plate(s) “a” and multiplication by 100. The median cut-off point for the respirable fraction was 3.0 µm, approximating the recommendations of the American Conference of Governmental Industrial Hygienists [78]. The used sampler enabled the determination of concentrations of microorganisms in the air in the range of $10^3 - 10^8$ cfu/m$^3$.

On each farm, a series of 5 double samples was taken on each of the following agar media: blood agar for total mesophilic Gram-negative and Gram-positive bacteria, eosin methylene blue (EMB) agar for Gram-negative bacteria, half-strength tryptic soya agar for thermophilic actinomycetes, and malt agar for fungi. The blood agar plates were subsequently incubated for 1 day at 37°C, then 3 days at 22°C, and finally 3 days at 4°C. The malt agar plates were subsequently incubated for 4 days at 30°C and 4 days at 22°C [15]. The prolonged incubation at lower temperatures aimed at isolating as wide a spectrum of bacteria and fungi as possible. The EMB agar plates were incubated in the same way as the blood agar plates and the tryptic soya agar plates were incubated for 5 days at 55°C. The grown colonies were counted and differentiated and the data reported as cfu per 1 cubic metre of air (cfu/m$^3$). The total concentration of viable microorganisms in the air was obtained by the addition of the concentrations of total mesophilic bacteria (grown on blood agar medium), thermophilic actinomycetes and
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fungi. The percent composition of the total microflora of the air was then determined.

Bacterial isolates were identified with microscopic and biochemical methods, as recommended by Bergey’s Manual [35, 75, 79] and Cowan & Steel [7]. Additionally, the Gram-negative strains isolated on EMB agar were identified with microtests, using API Systems 20E and NE (bioMerieux, Marcy l’Etoile, France). Fungi were classified with microscopic methods, according to Barron [3], Larone [42], Litvinov [44], Ramirez [61], and Raper & Fennell [62].

For determination of the dust and endotoxin concentrations, the air samples were collected on the polystyrene filters by use of an AS-50 one-stage sampler (TWOMET, Zgierz, Poland). Two samples were taken on each farm. The concentration of dust in the air was estimated gravimetrically. The concentration of bacterial endotoxin in the airborne dust was determined by the Limulus amebocyte lysate gel tube test (LAL) [43].

The filters were extracted for 1 hour in 10 ml of pyrogen-free water at room temperature, heated to 100°C in a Koch apparatus for 15 min (for better dissolving of endotoxin and inactivation of interfering substances), and after cooling, serial dilutions were prepared. The 0.1 ml dilutions were mixed equally with the “Pyrotell” Limulus reagent (Associations of Cape Code, Palmouth, MA, USA). The test was incubated for 1 hour in a water bath at 37°C, using pyrogen-free water as a negative control and the standard lipopolysaccharide (endotoxin) of Escherichia coli 0113:H10 (Difco) as positive control. The formation of a stable clot was regarded as a positive result. The estimated concentration of endotoxin in dust (ng/mg) was multiplied per estimated concentration of dust in the air (mg/m3) and the results were reported as micrograms of the equivalents of the E. coli 0113:H10 endotoxin per 1 m3 of air. To convert to Endotoxin Units (EU), the value in nanograms was multiplied by 10.

The study was performed during the years 1997–2004. Preliminary results of this work have been reported elsewhere [20, 36].

Table 1. Microorganisms in the farm air during scutching of flax: concentrations and respirable fractions (RF).

<table>
<thead>
<tr>
<th>Sampling site</th>
<th>Total mesophilic bacteria (Blood agar)</th>
<th>Gram-negative bacteria (EMB agar)</th>
<th>Thermophilic actinomycetes (Tryptic soya agar)</th>
<th>Fungi (Malt agar)</th>
<th>Total microorganisms*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Concentration (mean ± S.D., cfu/m3 × 10^3)</td>
<td>RF (%)</td>
<td>Concentration (mean ± S.D., cfu/m3 × 10^3)</td>
<td>RF (%)</td>
<td>Concentration (mean ± S.D., cfu/m3 × 10^3)</td>
</tr>
<tr>
<td>Farm 1</td>
<td>203.5 ± 51.9</td>
<td>100</td>
<td>37.2 ± 9.9</td>
<td>66.8</td>
<td>0.5 ± 0.3</td>
</tr>
<tr>
<td>Farm 2</td>
<td>255.8 ± 38.6</td>
<td>70.4</td>
<td>123.4 ± 19.5</td>
<td>80.6</td>
<td>2.6 ± 2.6</td>
</tr>
<tr>
<td>Farm 3</td>
<td>374.8 ± 174.0</td>
<td>57.2</td>
<td>59.8 ± 18.4</td>
<td>59.5</td>
<td>2.0 ± 3.5</td>
</tr>
<tr>
<td>Farm 4</td>
<td>247.4 ± 131.8</td>
<td>66.5</td>
<td>27.2 ± 11.5</td>
<td>65.4</td>
<td>0.6 ± 1.3</td>
</tr>
<tr>
<td>Farm 5</td>
<td>698.8 ± 115.7</td>
<td>43.2</td>
<td>46.2 ± 8.2</td>
<td>58.0</td>
<td>0.6 ± 0.9</td>
</tr>
<tr>
<td>Mean</td>
<td>356.1 ± 211.7</td>
<td>67.5</td>
<td>58.8 ± 37.1</td>
<td>66.1</td>
<td>1.3 ± 2.1</td>
</tr>
</tbody>
</table>

*Sum of the concentrations of mesophilic bacteria, thermophilic actinomycetes and fungi.
RESULTS

Concentrations of total viable microorganisms in the air of barns during flax scutching were very large on all farms, ranging from 245.0–741.0 × 10^3 cfu/m^3 (Tab. 1). Mesophilic bacteria were dominant on all farms with the concentrations ranging from 203.5–698.8 × 10^3 cfu/m^3 (Tab. 1). They formed 71.5–94.3% of the total airborne microflora (Fig. 1) and 68.0–93.0% of the respirable fraction (Fig. 2). Among the mesophilic bacteria, there distinctly prevailed corynebacteria (irregular Gram-positive rods, mostly of Gram-positive cocci (1-5), described as “other mesophilic bacteria” which consisted 14.5% of the respirable fraction (Fig. 2). Among the thermophilic actinomycetes were small on all farms, ranging from 0.5–2.6 × 10^3 cfu/m^3 (Fig. 3), and 0–49.9% and 11.2–36.5% of the respirable fraction (Fig. 4). The concentrations of airborne thermophilic actinomycetes were small on all farms, ranging from 0.5–2.6 × 10^3 cfu/m^3 (Tab. 1). They constituted only 0.1–0.7% of the total airborne microflora (Fig. 1) and 0.2–0.6% of the respirable microflora (Fig. 2). The distinctly dominant species was Thermoactinomyces thalpophilus which formed 13.0–20.9% and 23.9–29.8% of the respirable fraction (Fig. 4). On the remaining 2 farms, the species formed respectively 13.0–20.9% and 23.9–29.8%. The species of the genera Enterobacter (Enterobacter ammigenus, Enterobacter sakazakii, Enterobacter spp.) and Pseudomonas (Pseudomonas maltophilia, Pseudomonas oryzihabitans, Pseudomonas paucimobilis, Pseudomonas spp.) were also numerous in the farm air during flax scutching, forming respectively 2.7–49.8% and 12.5–38.5% of the total count of Gram-negative bacteria (Fig. 3), and 0–49.9% and 11.2–36.5% of the respirable fraction (Fig. 4).

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75–100% of the total count of thermophilic actinomycetes and 87.5–100% of the respirable fraction. Concentrations of airborne fungi during flax scutching ranged from 23.4–99.8 × 10^3 cfu/m^3 (Tab. 1). Fungi constituted 5.6–27.8% of the total airborne microflora (Fig. 1) and 6.8–31.4% of the respirable fraction (Fig. 2). The distinctly prevailing species was *Alternaria alternata* which constituted 52.7–95.4% of the total count of fungi (Fig. 5) and 42.8–98.6% of the respirable fraction (Fig. 6). *Fusarium* strains occurred in the air of all farms but in much smaller proportions: 0.6–9.9% of the total count (Fig. 5) and 1.4–14.9% of the respirable fraction (Fig. 6). The values of the respirable fraction of airborne microflora isolated during flax scutching were large and for total microorganisms were within the range 45.5–98.3% (Tab. 1). For total mesophilic bacteria, they ranged from 43.2–100%, for Gram-negative bacteria from 58.0–80.6%, for thermophilic actinomycetes from 50.0–100%, and for fungi from 51.3–83.2% (Tab. 1).

In the air samples taken on the examined farms, 25 species or genera of bacteria and 10 species or genera of fungi were identified; of these, 11 and 6 species or genera respectively were reported as having allergenic and/or immunotoxic properties [17, 24, 34, 39, 40, 53] (Tab. 2). These figures are certainly an underestimation, as a part of bacterial and fungal strains could be identified only to generic level.

### Table 3. Concentrations of dust and bacterial endotoxin in the farm air during scutching of flax.

<table>
<thead>
<tr>
<th>Sampling site</th>
<th>Concentration of dust (mg/m³)</th>
<th>Concentration of endotoxin (µg/m³)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farm 1</td>
<td>110.6</td>
<td>80.4</td>
</tr>
<tr>
<td>Farm 2</td>
<td>648.1</td>
<td>16.9</td>
</tr>
<tr>
<td>Farm 3</td>
<td>93.6</td>
<td>25.7</td>
</tr>
<tr>
<td>Farm 4</td>
<td>43.7</td>
<td>30.0</td>
</tr>
<tr>
<td>Farm 5</td>
<td>46.8</td>
<td>172.1</td>
</tr>
<tr>
<td>Median</td>
<td>93.6</td>
<td>30.0</td>
</tr>
</tbody>
</table>

The concentrations of airborne dust and endotoxin recorded on the examined farms during flax scutching were very large and ranged from 43.7–648.1 mg/m³, and from 16.9–172.1 µg/m³, respectively (Tab. 3).

**DISCUSSION**

The present study has demonstrated that farm workers performing machine scutching of flax inside the barns could be exposed to large concentrations of airborne microorganisms, dust and endotoxin posing an occupational hazard. The concentrations of total airborne microorganisms were of the order 10^5 cfu/m^3, resembling those reported for working environments with the highest bioaerosol pollution, such as: grain stores, seed stores, animal feed factories, malt houses, herb processing plants, pig farms, poultry farms, and waste composting facilities [8, 15, 18, 19, 20, 22, 26, 39, 40, 41, 46, 59, 74, 76].

On average, the numbers of microorganisms found in farm air during flax scutching were greater by one order of magnitude compared to those reported from the premises of the flax industry [5, 27, 31, 58, 72, 80]. They are closest to the results obtained by Cinkotai *et al.* [5] in small scutching mills in Normandy using old machinery, which resembled in some respects the work environment examined in this study.

As, so far, there are no internationally recognised Occupational Exposure Limit (OEL) values for bioaerosols, the results obtained in the present work could be compared only to the proposals raised by particular authors. As regards total viable airborne microorganisms, the OEL values proposed by Malms *et al.* (10 × 10^3 cfu/m³) [50], and by Dutkiewicz and Jabłoński (50 × 10^3 cfu/m³ at the value of respirable fraction equal to or above 50%, 100 × 10^3 cfu/m³ at the value of respirable fraction below 50%) [17, 19] were exceeded on all farms examined. Similarly, on all farms there were exceeded: the OEL value for airborne Gram-negative bacteria proposed by Clark [6] and Malms *et al.* [50] (1 × 10^3 cfu/m³) and by Dutkiewicz and Jabłoński [17, 19] and...
Górny and Dutkiewicz [33] (10 × 10^3 cfu/m^3 at the value of respirable fraction equal to or above 50%, and 20 × 10^3 cfu/m^3 at the value of respirable fraction below 50%). The OEL value proposed by Dutkiewicz and Jabłoński [17, 19] and Górny and Dutkiewicz [33] for airborne fungi (25 × 10^3 cfu/m^3 at the value of respirable fraction equal to or above 50%, and 50 × 10^3 cfu/m^3 at the value of respirable fraction below 50%), was exceeded on 4 out of 5 examined farms, while nowhere was exceeded the OEL value proposed by these authors for airborne thermophilic actinomycetes (10 × 10^3 cfu/m^3 at the value of respirable fraction equal to or above 50%, and 20 × 10^3 cfu/m^3 at the value of respirable fraction below 50%).

Values of respirable fraction, determined for airborne microorganisms in the course of the present study, were usually large, in most cases above 50%. This result is in accordance with those reported by Malenky [48, 49] and Górny and Dutkiewicz [33] for airborne fungi (25 × 10^3 cfu/m^3 at the value of respirable fraction equal to or above 50%, and 20 × 10^3 cfu/m^3 at the value of respirable fraction below 50%).

The viable airborne microflora found on examined farms during flax scutching was distinctly dominated by corynebacteria that constituted on average nearly 60% of the total count. These bacteria are commonly associated with organic dusts [53] and isolated in large quantities from the air of animal farms [15, 18], sawmills [21], herb processing plants [22], potato processing plant [23], and during handling of grain and hop [20, 32].

So far, little is known about the potentially pathogenic properties of corynebacteria associated with organic dusts. Cases of allergic alveolitis caused by *Arthrobacter globiformis* and *Brevibacterium linens* have been reported [53], and the involvement of peptidoglycan produced by these bacteria in causing organic dust toxic syndrome (ODTS) cannot be excluded. Because of the common occurrence of corynebacteria in organic dusts, future studies on the potential role of these organisms in causing work-related respiratory disorders among agricultural workers are highly desirable.

The epiphytic species *Pantoea agglomerans* (synonyms: *Erwinia herbicola, Enterobacter agglomerans*), prevailing among Gram-negative bacteria isolated from the farm air during flax scutching, was proved to possess strong endotoxic and allergenic properties [14, 16, 38, 51, 52, 65, 71]. It was identified as a cause of allergic alveolitis [38, 53] and other respiratory disorders [10, 11] in agricultural workers exposed to grain dust, and as a cause of allergic pneumopathies in cattle [57]. The results obtained by Mackiewicz et al. [47] and Golec et al. [29] suggest the important role of this bacterium as an occupational allergen in herb dust. Spiewak et al. [77] found a correlation between cellular reactivity to *Pantoea agglomerans* and the occurrence of work-related dermatitis in farming students.

The present results indicating the important role of *Pantoea agglomerans* as an occupational hazard for flax farmers corroborate those of our earlier study [73] in which a significantly greater (p<0.01) immunologic response of flax farmers to antigen of this bacterium was found compared to a reference group not exposed to organic dust, both in the precipitin test and the test for inhibition of leukocyte migration in the presence of specific antigen.

The concentration of the airborne Gram-negative bacteria found in this study was notably greater compared to that reported by Cinkotai et al. [5]. The reported by Malenky [68] and Goścički et al. [31] of the high prevalence of endospore-forming bacteria (*Bacillus* spp.) in airborne flax dust was not confirmed by the present study.

Among fungi recovered from the farm air during flax scutching, there distinctly dominated the species *Alternaria alternata* which constituted, on average, over 80% of total isolates. This is a known allergenic species that could be a cause of allergic rhinoconjunctivitis and asthma [39]. *Fusarium* species, which occurred in the air of all farms, are producers of trichothecene mycotoxins (deoxynivalenol, nivalenol, moniliformin, T-2, HT-2). These mycotoxins, often referred to as fusariotoxins, occur commonly in grain and grain dust [37, 54] and are considered as a potential cause of mycotoxicoses in exposed agricultural workers [39, 40].

The presence of potentially hazardous mycotoxins in flax dust is indicated also by the experimental study of Pieckova and Jesenska [56]. These authors found that over 50% of the metabolite samples of filamentous fungi isolated from flax revealed ciliostatic activity on tracheal cultures of 1-day-old chicks *in vitro*.

The concentrations of dust and bacterial endotoxin in the farm air during flax scutching were extremely large, and on all farms exceeded the existing and proposed OEL values. The concentrations of dust were of the order 10^7–10^8 mg/m^3, exceeding the Polish OEL value of 4 mg/m^3 [64] by 11–162 times. The dust levels found in the present work were on average by 1–2 orders of magnitude greater compared to those reported from the premises of the flax industry in various countries [2, 30, 72, 80] and small Egyptian workshops [55], and by 1–2 orders of magnitude lower compared to those reported by Malenky [48, 49] from farms during flax scutching in the former Soviet Union.

The concentrations of airborne endotoxin recorded during flax scutching were of the order 10^7–10^8 µg/m^3 and exceeded on all the examined farms the OEL values proposed by various authors [6, 12, 17, 33, 41, 50, 68] and the values supposed to cause decrease of lung function over work shift and ODTS symptoms [69]. On average, the concentration of endotoxin in the air exceeded over 100 times the OEL values proposed by Clark [6] (0.1 µg/m^3), Rylander [68] (0.1–0.2 µg/m^3), Malmros et al. [50] (0.1 µg/m^3), and by Górny and Dutkiewicz [33] (0.2 µg/m^3), and over 1,000 times the OEL values proposed by Laitinen et al. [41] (0.025 µg/m^3), and by the Dutch Expert Committee on Occupational Standards (DECOs) [12] (0.005 µg/m^3). The endotoxin levels found in the present work were, on
average, by 1–2 orders of magnitude greater compared to those reported from the premises of flax industry [66, 67]. The potential adverse effect of exposure to the inhalation of large amounts of endotoxin during flax scutching has been demonstrated by our earlier study [73] in which we found that as many as 62.7% of interviewed farmers reported the occurrence of work-related, general and respiratory symptoms during flax scutching, largely resembling those considered as characteristic for ODTS [63].

CONCLUSION

Flax farmers could be exposed during machine scutching of flax to large concentrations of airborne microorganisms, dust and endotoxin posing a risk of work-related respiratory disease. The risk is increased by the presence of microbial species possessing allergenic and/or immunotoxic properties.

Acknowledgements

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