

Risk analysis for operating active wheelchairs in non-urban settings

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Abstract

Introduction. A wheelchair is a special vehicle designed specifically for people with walking limitations. One of the types is an active wheelchair. This is a manually propelled wheelchair, the design and structure of which maximise the mobility of its given user at the expense of accepted instability.

Objective. The aim of this study was to identify and present a hierarchy of potential incidents causing a health hazard and reducing the mobility of individuals with ambulatory disability who use active wheelchairs in non-urban settings.

Materials and methods. Information about incidents connected with wheelchair use was collected from interviews with disabled individuals, based on a questionnaire. Recorded data were analysed using the Preliminary Hazard Analysis (PHA).

Results. The results comprise a list of hazards for wheelchair user with ascribed priority numbers metrising their significance.

Conclusions. An ordered list of hazards connected with wheelchair operation situations is useful when designing active wheelchairs and when learning the technique of wheelchair riding.

Key words

Independent Living, Preliminary Hazard Analysis (PHA), risk analysis, wheelchair, safety measures, Spinal Cord Injury (SCI)

INTRODUCTION

A wheelchair is an assistive device which enhances personal mobility and facilitates participation in typical daily life for a person with walking limitations (WHO definition). Wheelchairs provide an opportunity to fully participate in life for 1% of the world's population – approx. 65 million people worldwide use these medical products either permanently or temporarily [1], while in Poland the number of adult wheelchair users may be estimated at 200–280 thousand people [2]. Wheelchairs are devices compensating for lost or impaired motor functions:

- stabilisation of body position;
- locomotion.

Every wheelchair consists of two engineering subsystems assembled into one structural and functional entity, i.e. the transport system (wheels, the drive, steering and braking mechanisms) and the orthotic system for body positioning (body support system – back and side supports, seat, foot rest, and other devices stabilising selected parts of the body) [3]. Wheelchairs are typically modular and their individual subassemblies are produced in several dimensional variants. Such an approach on the part of their manufacturers is a reaction to the high diversification of needs of disabled individuals using wheelchairs. Differences in users' expectations concerning wheelchairs stem from three basic facts:

- a) disability predisposing to the use of wheelchairs may be permanent (congenital or acquired) or temporal (caused by disease, injury or another temporary impairment);

- b) there are many types and degrees of disability;
- c) anthropometric and psychomotoric characteristics of disabled individuals vary from person to person [4].

In terms of sources of energy driving wheelchairs they may be divided into those driven by:

- the power of muscles of the wheelchair user (and sometimes possibly also by the power of muscles of an assisting person)
 - manual wheelchairs,
 - solely by the power of muscles of an assisting person,
 - solely by an engine (or engines) – powered wheelchairs,
 - a hybrid system, e.g. the power of muscles of the user and engines [3].

Most frequently wheelchairs are driven by the power of muscles of the wheelchair user with an occasional or regular application of the power of muscles of an assisting person or persons. They account for over 50% all wheelchairs [5]. There are several types of manual wheelchairs dedicated to various uses, differing in their structure, additional auxiliary attachments (additional modules) and applied settings in the basic modules. One of the types of manual wheelchairs is called the active wheelchair. Such wheelchairs are designed to facilitate independent living for individuals with dysfunctions of the lower limbs [6]. In the case of active wheelchairs, a priority is to strengthen the locomotive function of the wheelchair at the expense of its stabilisation functions. The proper operation of an active wheelchair requires an appropriate selection of the wheelchair, its adequate configuration, and learning the proper riding technique.

Wheelchairs are used both in medical and social rehabilitation. Despite the fact that wheelchairs are regulated by specifications of many technical standards and are constructed using cutting-edge technologies, the use of a wheelchair may cause bodily injuries resulting from the non-optimal design of a wheelchair, lack of adaptation to the

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environment, or inappropriate operation of the wheelchair [7, 8, 9].

The potential mobility provided by the use of a wheelchair depends on many factors, of which one of the most important is the type of surface. Energy required for the wheelchair to move is lowest on smooth, hardened surfaces, while it increases by as much as 40% on uneven hardened surfaces [10], whereas riding on a non-hardened surface, due to the high energy requirement, may prove to be impossible or even dangerous.

Non-urban areas are characterised by a high share of non-hardened surfaces. Providing access to non-urban areas for disabled individuals is a current civilisation challenge for modern society. At present, very little is known on the opinions and experiences of disabled individuals concerning their functioning in non-urban areas [11].

OBJECTIVES

The aim of this study is to present safety-related problems faced by users of active wheelchairs. For this purpose, two groups of wheelchair users were compared, one composed of disabled individuals functioning in non-urban settings, i.e. in areas with a minimal number of town development facilities, and the other comprising urban dwellers. Both groups included individuals with SCI disability.

In order to identify hazards a survey was conducted using a questionnaire. Identified hazards were evaluated using Preliminary Hazard Analysis (PHA).

MATERIALS AND METHOD

Quantitative research. A cohort survey was conducted on two relatively uniform research groups. Both groups met the following criteria:

- Spinal Cord Injury (SCI) at C7 or lower;
- mobility only using a wheelchair;
- use of an active wheelchair and a completed wheelchair riding course;
- active lifestyle (being a student or professional activity);
- adaptation to disability – SCI occurred at least two years before the survey.

Group 1 comprised 10 individuals living outside urbanised areas, i.e. in small towns or villages. The mean age of the respondents from the non-urban areas was 33.8 years (SD 6.5), time since SCI – 14.0 years (SD 7.0) (Tab. 1).

Group 2 was composed of 9 individuals living in a city of over 650 thousand inhabitants. The mean age of respondents was 33.2 years (SD 9.5), time since SCI – 13.1 years (SD 7.4) (Tab. 2).

The questionnaire consisted of two parts. In the first part the respondents of both groups specified situations connected with the use of an active wheelchair (from Exp.1 – Exp.12). The list of wheelchair operation-related situations:¹

(Exp. 1) extended static sedentary position;

1. Wheelchair use situations 1–5 are related to the orthotic function, situations 6–12 – to the transporting function of the wheelchair.

Table 1. Description of subjects with Spinal Cord Injury (SCI) – residents of rural areas

Subject	Age	Years post-injury	Gender	Neurological level of injury (NLI)	Effect of injury
1	34	16	M	C7	Tetraparesis
2	24	6	M	T6	Paraplegia
3	37	21	M	T6	Paraplegia
4	27	9	F	C6	Tetraparesis
5	44	9	M	L1	Paraparesis
6	41	26	M	T9	Paraplegia
7	35	17	M	T12	Paraplegia
8	36	20	M	L2	Paraplegia
9	34	11	M	T10	Paraplegia
10	26	5	M	T10	Paraplegia

Table 2. Description of subjects with Spinal Cord Injury (SCI) – residents of a city

Subject	Age	Years post-injury	Gender	Neurological level of injury (NLI)	Effect of injury
1	29	12	M	T9	Paraplegia
2	22	2	F	T4	Paraplegia
3	35	17	F	T12	Paraplegia
4	44	23	M	T9	Paraplegia
5	31	8	M	T12	Paraplegia
6	23	9	M	T10	Paraplegia
7	50	21	M	T10	Paraplegia
8	27	6	M	C7	Tetraparesis
9	38	20	M	T2	Paraplegia

- (Exp. 2) reaching for something;
- (Exp. 3) transporting something;
- (Exp. 4) transfer from the wheelchairs (and onto the wheelchair) to a bed, chair, etc.;
- (Exp. 5) unassisted loading and unloading of the wheelchair from a car;
- (Exp. 6) riding outdoors over a non-hardened surface;
- (Exp. 7) riding outdoors over a hardened surface;
- (Exp. 8) riding indoors;
- (Exp. 9) passage through self-closing doors, automatic lift doors, etc.;
- (Exp. 10) going up and down an obstacle such as curb;
- (Exp. 11) going up or down stairs with safety measures;
- (Exp. 12) going down or up a steep ramp.

Respondents assigned a number of incidents from a closed list to each wheelchair use situation (Inc. 1 – Inc. 13). The list of incidents comprised the following events:

- (Inc. 1) accidental loss of balance, no fall;
- (Inc. 2) fall together with the wheelchair or falling out of the wheelchair, no bodily harm;
- (Inc. 3) wheelchair damage;
- (Inc. 4) damage to or destruction of other objects;
- (Inc. 5) bodily harm causing lasting pain in the shoulder girdle;
- (Inc. 6) bodily harm causing lasting rachialgia;
- (Inc. 7) bodily harm causing lasting chiralgia;
- (Inc. 8) bodily harm causing lasting pain in the elbow joint;
- (Inc. 9) injury to the hand(s);

(Inc. 10) injury to feet;
 (Inc. 11) injury to the back;
 (Inc. 12) injury to the buttocks;
 (Inc. 13). Falling out of the wheelchair combined with another serious injury.

In the second part of the questionnaire, respondents from both groups evaluated the level of problems connected with each of the incidents. In this part, the responses of both groups were treated jointly.

Preliminary Hazard Analysis. Preliminary Hazard Analysis is one of the recommended methods in the evaluation of hazard connected with the use of medical products [12]. Based on the results of the questionnaire survey for each incident, the probability of its occurrence was established on a 5-point scale, as well as potential effects to be suffered when this incident occurs. Table 3 presents the adopted 5-point scale of hazard probability.

Table 4 contains information on values of assumed indices of incident effects.

Table 3. Frequency classes [13]

Rank	Frequency per year	Description
1	$<10^{-7}$	Very unlikely
2	$10^{-5} \div 10^{-7}$	Remote
3	$10^{-3} \div 10^{-5}$	Occasional
4	$10^{-1} \div 10^{-3}$	Probable
5	$>10^{-1}$	Frequent

Table 4. Severity classes [13]

Rank	Severity class	Description
1	Negligible	No bodily harm
2	Marginal	Slight bodily harm and/or slight damage to the technical device
3	Critical	Serious bodily harm and/or serious damage to the technical device
4	Catastrophic	Fatal accident or one causing permanent loss of health and/or complete destruction of the device

RESULTS

Table 5 presents the results of questionnaires, i.e. incidents assigned to wheelchair use situations, probability rankings for the occurrence of each incident according to both surveyed groups, and the severity of the effect for each incident.

DISCUSSION

Risk matrices (Tab. 6, 7) contain three areas each:

- 1) area of acceptable risk (marked in white);
- 2) area of acceptable conditional risk (marked in grey);
- 3) area of unacceptable risk (marked in dark grey).

Based on the data in Table 5, 16 hazardous situations connected with wheelchair use were identified for individuals living in non-urban areas, and were placed in respective areas of the risk matrix (Tab. 6).

Sixteen pairs of wheelchair use situation–incident were assigned to 2 areas: 4 to the area of unacceptable risk (marked in dark grey) and 12 in the area of acceptable conditional risk (marked in grey). Combinations of wheelchair use situations and potential hazards within the area of acceptable risk were disregarded (area marked in white).

A similar procedure was adopted for city dwellers (Tab. 7). 14 hazardous wheelchair use situations were identified.

In the case of residents of a city, similar results were recorded, with the difference consisting in the fact that 2 pairs ((Exp. 6) – (Inc. 5) and (Exp. 6) – (Inc. 1)) from the area of medium risk for residents of non-urban areas, fell within the area of acceptable risk in the case of city dwellers.

CONCLUSIONS

As a result of the analysis of risk associated with the use of an active wheelchair with the application of PHA in the area of medium risk:

- according to residents of non-urban areas, 12 hazards were identified;
- according to residents of a city, 10 hazards were identified.

The character of differences between the 2 analysed groups seems to indicate that in non-urban areas the problem is connected with mobility over a non-hardened surface.

Moreover, four wheelchair use situations were identified, in which unacceptable risk for wheelchair users is observed (dark grey area in Tab. 5). They were identical for both groups (Tab. 8).

The situations mentioned in Table 8 need not only be included in the riding technique courses or incorporation of respective information in manuals for wheelchair users, but also in design changes in wheelchairs.

The list of incidents presented in this study, connected with wheelchair use situations together with the estimated level of risk, may be useful when designing active wheelchairs, writing manuals for wheelchair users, and learning the technique of riding an active wheelchair. Based on the recorded results, the conclusion may be drawn that modern active wheelchairs used by individuals living in non-urban areas are not completely safe in terms of their basic functions. Several design changes are still required to improve user safety at identical mobility². A solution may be provided by specialised design – each individual with serious walking limitations should be equipped with several types of devices which may be used alternately, depending on a specific wheelchair use situation (e.g. wheelchair for transport outdoors, wheelchair for sport and recreation, wheelchair for indoor mobility, etc.). Another way to reduce the risk may be increasing education and training of wheelchair users [3, 6, 15, 16].

2. Similar conclusions have been presented in other publications, e.g. [7], [9], [14].

Table 5. Potential hazards for the user together with probability and effects of its occurrence

Wheelchair use situation	Potential hazard	Probability ranking of incident occurrence (1–5)		Severity of incident effects according to responses of all respondents (0–5)
		According to respondents living in non-urban areas	According to respondents living in urban areas	
(Exp. 1) extended static sedentary position	(Inc. 12) injury to buttock area	4	4	4
	(Inc. 11) injury to the back	3	3	3
	(Inc. 1) accidental loss of balance, no fall	3	3	1
(Exp. 2) reaching for something	(Inc. 2) fall together with wheelchair or falling out of wheelchair, no injury	2	2	1
	(Inc. 4) injury or destruction of other objects	1	1	1
(Exp. 3) transporting something	(Inc. 4) injury or destruction of other objects	2	2	1
	(Inc. 1) accidental loss of balance, no fall	3	3	1
	(Inc. 2) fall together with wheelchair or falling out of wheelchair, no injury	4	4	1
(Exp. 4) transfer from wheelchair (and onto wheelchair) onto a bed, chair, etc.	(Inc. 5) bodily injury causing lasting pain in the shoulder girdle	2	2	3
	(Inc. 6) bodily injury causing lasting rachialgia	2	2	3
	(Inc. 7) Bodily injury causing lasting chiralgia	1	1	2
	(Inc.8) bodily injury causing lasting pain in the elbow joint	1	1	2
	(Inc. 3) damage to wheelchair	3	3	2
(Exp. 5) unassisted loading and unloading of wheelchair from a car	(Inc. 4) damage to or destruction of other objects	5	5	1
	(Inc. 5) bodily injury causing lasting pain in shoulder girdle	4	4	3
	(Inc. 6) bodily injury causing lasting rachialgia	2	2	3
(Exp. 6) riding outdoors over a non-hardened surface	(Inc. 1) accidental loss of balance, no fall	5	4	1
	(Inc. 2) fall together with wheelchair or falling out of wheelchair, no injury	3	3	1
	(Inc. 4) damage to or destruction of other objects	2	2	1
	(Inc. 5) bodily injury causing lasting pain in shoulder girdle	2	1	3
	(Inc. 7) bodily injury causing lasting chiralgia	2	2	2
(Exp. 7) riding outdoors over a hardened surface	(Inc. 1) accidental loss of balance, no fall	2	2	1
	(Inc. 5) bodily injury causing lasting pain in shoulder girdle	1	1	3
(Exp. 8) riding indoors	(Inc. 4) Damage to or destruction of other objects	4	4	1
	(Inc. 10) injury to feet	4	4	3
(Exp. 9) passage through self-closing doors, automatic lift doors, etc.	(Inc. 4) damage or destruction to other objects	5	5	1
	(Inc. 9) injury to hand(s)	5	5	2
(Exp. 10) going up and down an obstacle such as a curb	(Inc. 1) accidental loss of balance, no fall	4	4	1
	(Inc. 2) fall together with wheelchair or falling out of wheelchair, no injury	2	2	1
	(Inc. 13) falling out of wheelchair combined with another serious injury	1	1	4
(Exp. 11) going up or down stairs with safety measures	(Inc. 1) accidental loss of balance, no fall	2	2	1
	(Inc. 2) fall together with wheelchair or falling out of wheelchair, no injury	1	1	1
	(Inc. 3) damage to wheelchair	4	4	2
(Exp. 12) going down or up a steep ramp.	(Inc. 1) accidental loss of balance, no fall	2	2	1
	(Inc. 2) Fall together with wheelchair or falling out of wheelchair, no injury	2	2	1
	(Inc. 13) falling out of wheelchair combined with another serious injury	1	1	4

Table 6. Risk matrix – residents of rural areas

		Frequency →				
		1	2	3	4	5
Severity ↑	4	(Exp.10) – (Inc.13) (Exp.12) – (Inc.13)			(Exp.1) – (Inc.12)	
	3		(Exp.4) – (Inc.5) (Exp.4) – (Inc.6) (Exp.5) – (Inc.6) (Exp.6) – (Inc.5)	(Exp.1) – (Inc.11)	(Exp.5) – (Inc.5) (Exp.8) – (Inc.10)	
	2			(Exp.5) – (Inc.3)	(Exp.11) – (Inc.3)	(Exp.9) – (Inc.9)
	1					(Exp.5) – (Inc.4) (Exp.6) – (Inc.1) (Exp.9) – (Inc.4)

Not acceptable
 Possibly acceptable
 Acceptable

Table 7. Risk matrix – residents of city

		Frequency →				
		1	2	3	4	5
Severity ↑	4	(Exp.10) – (Inc.13) (Exp.12) – (Inc.13)			(Exp.1) – (Inc.12)	
	3	(Exp.6) – (Inc.5)	(Exp.4) – (Inc.5) (Exp.4) – (Inc.6) (Exp.5) – (Inc.6)	(Exp.1) – (Inc.11)	(Exp.5) – (Inc.5) (Exp.8) – (Inc.10)	
	2			(Exp.5) – (Inc.3)	(Exp.11) – (Inc.3)	(Exp.9) – (Inc.9)
	1				(Exp.6) – (Inc.1)	(Exp.5) – (Inc.4) (Exp.9) – (Inc.4)

Not acceptable
 Possibly acceptable
 Acceptable

Table 8. List of situations posing the greatest risk

Denoted as	Situation	Hazard	Remarks
(Exp. 1) – (Inc. 12)	(Exp. 1) extended static sedentary position	(Inc. 12) injury to buttock area	bed sores caused by extended pressure and/or other factors
(Exp. 5) – (Inc. 5)	(Exp. 5) unassisted loading and unloading of wheelchair from a car	(Inc. 5) pain in shoulder girdle	as a result of sprain caused by high weight of transport assemblies of wheelchair
(Exp. 8) – (Inc. 10)	(Exp. 8) riding indoors	(Inc. 10) injury to feet	collision with toes, lacking the protection of shoes, with thresholds and other indoor elements
(Exp. 9) – (Inc. 9)	(Exp. 9) passage through self-closing doors, automatic lift doors, etc.	(Inc. 9) Injury to hand(s)	collision of hand(s) with doorframe or doors

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