



# Psychological factors and genetic characteristics of rural cannabis users

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## Abstract

**Introduction.** Marijuana is one of the most widely used psychoactive substance. There is evidence of genetic predisposition for addiction.

**Objective.** The aim of the study is to evaluate personality traits measured by the NEO Five-Factor Inventory and State-Trait Anxiety Inventory, combined with analysis of *Tag1B* rs1079597 and *Tag1D* rs1800498 located in the *DRD2* gene.

**Materials and method.** The study group consisted of 214 rural cannabinoid users and 301 controls. The same psychometric test and real-time PCR genotyping were performed in both studied groups.

**Results.** The values of Anxiety state, Anxiety trait, NEO FFI: Neuroticism and Openness in the rural cannabis using group were significantly higher than in the control group. On the other hand, lower values were observed among rural people using cannabis compared to the control group for NEO FFI: Extraversion, Agreeability and Conscientiousness. In the Anxiety trait subscale, a 2% association with the polymorphism *DRD2 Tag1B* rs1079597 was detected in subjects using cannabis. However, for the *DRD2 Tag1D* rs1800498, there was no effect on the differences in personality traits between rural cannabis users and the control group.

**Conclusions.** The study shows differences in personality traits between the cannabis using group and controls. Interaction between genetic factors and personality traits was also detected. The association showing the combination of psychological characteristics and genetic variants can bring us closer to the overall picture of the issue of marijuana addiction.

## Key words

addiction; polymorphism; personality traits; cannabis

## INTRODUCTION

**Marijuana addiction – a complex problem.** Marijuana, abundant with tetrahydrocannabinol/THC, is the psychoactive substance used most frequently worldwide. Global usage of cannabis has reached the level of 180 million people, of whom approximately 9% become addicted, especially during adolescence when the number of addicts increases to 16%, and accounts for 50% if its usage daily [1, 2]. Between 1998 – 2017, the number of cannabis users increased by 30% [3].

Analysis of family data indicates that cannabis use, abuse and dependence, is aggregated in families [4, 5, 6, 7, 8, 9]. Currently conducted twin studies have considered particular phases of cannabis involvement and noticed that genetic and environmental factors are elements influencing individual differences in cannabis involvement [1, 2, 10, 11, 12, 13]. Genetic studies of many variables, however, have not covered many aspects of the relationship between cannabis and other hard drugs [14, 15, 16, 17, 18]. The increasing

amount of genomic data from large-scale linkage studies (e.g. Collaborative Study on the Genetics of Alcoholism: COGA), has created the need for searching for genome regions, and even candidate genes that may be related with the genetic etiology of cannabis involvement.

Behavioural traits, among them cannabis involvement, are conditioned by many factors, i.e. numerous genetic and environmental factors are connected with its incidents, as well as individually as interactively, and polygenic influence is observed which means that numerous genes influence genetic variation with different strength. It is a fact that the gene causing cannabis use or cannabis dependence cannot easily be determined as is the case, for example, in sickle cell anemia which corresponds with a Val6Glu mutation within the  $\beta$ -globin gene [19, 20]. In simple words, the extinction of cannabis, due, for instance, to some kind of plague that would decrease the number of Cannabis indica plants, would result in the absence of cannabis use, irrespective of genetic predispositions. Hence, it can be assumed that the defined trait is conditioned by the environmental and heritable predispositions, and there would then be no cannabis use. Personality traits or anxiety may become a predisposing factor for addiction. Additionally, the interaction of personality and gene variants need to be

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taken into account. Hence, the presented study concentrates on the analysis of personality traits, anxiety as a trait and as a state among individuals with marijuana addiction. There is no doubt that strong evidence was observed for a genetic basis for this addiction; however, the search continues for a set of genes or polymorphisms responsible for this disorder. Nonetheless, psychological factors are considered as another important element in marijuana addiction. Moreover, the patient's state of anxiety should also be taken into consideration [21], and the reduction of marijuana usage by an individual can be subjectively achieved. Research on personality traits in cannabis users show a high openness score in this group [22], and low extraversion [23] and agreeableness [24]. Additionally, impulsiveness, as well as unusual perception and eccentricity, were associated with cannabis use [25]. Recent GWAS analysis showed positive genetic correlations with substance use and phenotypes dependence (smoking, alcohol), as well as with mental health phenotypes (schizophrenia, ADHD). Interestingly, positive genetic correlations were also found with openness to experience, risk-taking behaviour, and negative correlations with conscientiousness [26]. However, biological factors cannot be ignored; hence, the current analysis is based on both genetic and biological factors occurring among patients with marijuana addiction.

Cannabinoid receptor 1 (CNR1) and cannabinoid receptor 2 (CNR2) are both activated only by binding cannabis [27]. *CNR1* is expressed mainly in the brain, whereas *CNR2* mostly in the cells of the immune system and in hematopoietic cells [28, 29]. The main function of CNR1 is to regulate mesolimbic dopaminergic transmission in the brain areas that are also engaged in reinforcing the effects of the abused drugs [30]. The action of endogenous cannabinoids can be mimicked by cannabis and influence the action of dopamine [31]. It is a significant fact that the neurobiological mechanism underlying the actions of cannabis and other abused drugs, is primarily connected with dopamine pathway activation [32]. The dopamine system is known to be regulated by numerous genes, and the *DRD2* gene is one of the most often analyzed in connection with addictive disorders [33].

Mice in which the lower level of *DRD2* mRNA expression was observed in the nucleus accumbens and the hippocampus, are more prone to alcohol consumption than the one with higher expression [34]. Moreover, numerous studies noticed a relationship between *Taq1* polymorphism and substance dependence. Several studies indicated an association between *Taq1B* polymorphism and alcoholism, cocaine dependence, smoking status, and polysubstance abuse [35, 36, 37, 38].

Addiction should be considered as a multifactorial disease, and its analysis should combine both the genetic component and psychological factors, and preferably an interaction between the two. Considering the mentioned presupposition, it was assumed that psychological factors might be analyzed in relation with both anxiety and personality traits.

The Five Factor Model, also known as Big Five personality traits, has been one of the most popular tools among researchers dealing with personality disorders for the last decades [39, 40, 41, 42]. The model was based on studies of the personality structure assuming first some elements of 'healthy' personality. However, at the same time, the model considers the specific type of personality characterized with extremely low or high level of the 'normal' trait' that might correspond with a personality disorder. Such a situation is

frequently observed in the case of addiction. The NEO-FFI questionnaire, also known as 'Big Five', distinguishes the following factors which describe the human personality: openness to experience, conscientiousness, extraversion, agreeableness and, neuroticism [43]. A characteristic feature of neuroticism is a high tendency to mood changes with numerous negative emotions, such as anxiety, worry, anger, fear, frustration, jealousy, guilt, envy, depressive moods and loneliness [44, 45].

Neuroticism, similar to harm avoidance (HA), is considered to be connected with the serotonergic system [46, 47]. Another personality trait, Openness, is often linked with intellect and diverse thinking. The functioning of dopamine, mainly in the prefrontal cortex, also influences that trait [48]. The other element considered is Conscientiousness, the ability to control impulses and act in a socially accepted manner [49].

Extraversion is characterized by sociability, assertiveness and excitability. The main feature of extraversion is shown in the form of being more dominant in a social surrounding, in opposition to those who seem to be less dominant [50]. Agreeableness, however, is a tendency towards compassion and cooperation, and also includes attributes such as altruism, trust, and other pro-social behaviors.

State-Trait Anxiety Inventory (STAI) is often applied in addiction research. It is a tool used to measure both the state and trait of anxiety [51].

## OBJECTIVE

The main aim of this study is to analyze the *Tag1B* rs1079597 and *Tag1D* rs1800498 polymorphisms in the *DRD2* gene in a group of rural individuals addicted to marijuana and in a control group, with special attention being paid to personality traits analyzed by application of the NEO-FFI and STAI questionnaires.

## MATERIALS AND METHODS

**Subjects.** 515 male volunteers comprised the study group of cannabis dependent rural individuals (n=214; mean age=27.46; SD=6.12), and a group of non-dependent controls (n=301; mean age=22.14; SD=4.57). After obtaining approval from the Bioethics Committee of the Pomeranian Medical University in Szczecin (KB-0012/106/16), and informed, written consent from the participants, the study was conducted in the Independent Laboratory of Health Promotion. Cannabis dependent rural patients were recruited after at least 3 months abstinence in addiction treatment facilities. The dependent rural patients and control subjects were examined by a psychiatrist and the by using the Mini International Neuropsychiatric Interview (M.I.N.I.), the NEO Five-Factor Personality Inventory (NEO-FFI), and the State-Trait Anxiety Inventory (STAI) questionnaires.

**STAI Questionnaire.** A tool for determining the trait of anxiety (A-Trait) that be defined as a continuous and long-lasting disposition to experience, stress, worries and discomfort, and the state of anxiety (A-state) that corresponds with discomfort, fear, and the arousal of the autonomic nervous system which occurs temporarily in relation to a particular situation. The Personality Inventory (NEO Five-

Factor Inventory, NEO-FFI) represents 6 components for each of the five traits:

- 1) Extraversion – Positive Emotion, Warmth, Gregariousness, Activity, Excitement Seeking, Assertiveness;
- 2) Agreeableness – Tender-mindedness, Trust, Altruism, Straightforwardness, Compliance, Modesty;
- 3) Openness to experience – Aesthetics, Feelings, Fantasy, Actions, Ideas, Values;
- 4) Conscientiousness – Deliberation, Competence, Dutifulness, Order, Achievement striving, Self-discipline;
- 5) Neuroticism – Anxiety, Vulnerability to stress, Hostility, Self-consciousness, Impulsiveness, Depression [52].

Data from the NEO-FFI and STAI inventories were provided in the form of sten scores. Polish norms for adults were used to convert raw scores into the sten scale. The assumption was: stens 1–2 = very low scores; 3–4 = low scores; 5–6 = average scores; 7–8 = high scores; 9–0 = very high scores.

The history of dependence was collected based on the ICD-10 Polish version, authors' survey, and medical history of individuals. DNA was collected from venous blood.

**Genotyping.** Genomic DNA was extracted from venous blood using standard procedures, and the genotyping carried out with the real-time PCR method.

LightCycler® 480 II System (Roche Diagnostic, Basel, Switzerland) was applied to convert the fluorescence resonance energy into genotype data. Data connected with DRD2 gene polymorphism were obtained in the following conditions: PCR was performed according to standard procedures; peaks were observed at 57.41 °C in the case of G allele and at 62.25 °C for the A allele for the rs1079597, and at 57.87 °C for the T allele and at 66.34 °C for the C allele for the rs1800498.

**Statistical Analysis.** Concordance between the genotype frequency distribution and Hardy-Weinberg equilibrium (HWE) was tested with HWE software (<http://www.oege.org/software/hwe-mr-calc.html>). The relationship between DRD2 Tag1B rs1079597 and DRD2 Tag1D rs1800498 variants, cannabis users and control subjects, and the NEO Five Factor Inventory (NEO-FFI), were analyzed for variables analysis of Factor effects ANOVA (NEO-FFI/ scale STAI/ × genetic feature × control and cannabis rural users subjects × (genetic feature cannabis rural users subjects)). When considering the homogeneity of variance, it was also observed to be satisfied (Levene test  $p > 0.05$ ). However, the observed distribution did not satisfy the condition of normality. The NEO Five Factor Inventory (Neuroticism, Extraversion, Openness, Agreeability Conscientiousness) were tested and compared applying the U Mann-Whitney test. DRD2 Tag1B rs1079597 and DRD2 Tag1D rs1800498 genotype frequencies between healthy control individuals and rural cannabis users were checked with the chi square test. All computations were performed using STATISTICA 13 (Tibco Software Inc, Palo Alto, CA, USA) for Windows (Microsoft Corporation, Redmond, WA, USA).

## RESULTS

The frequency distributions were in accordance with the HWE, both in the rural cannabis users and the control subjects (Supplementary data, Tab. 1, Tab. 2).

DRD2 Tag1B rs1079597 genotype frequencies and DRD2 Tag1D rs1800498 genotype occurrence in the tested sample did not vary between rural cannabis users subjects and control subjects (Tab. 1, Tab. 2).

**Table 1.** Frequency of genotypes of the DRD2 Tag1B rs1079597 gene polymorphism in rural cannabis users and in controls

Group	DRD2 Tag1B rs1079597 Genotypes Alleles				
	G/G N(%)	A/G N(%)	A/A N(%)	G N(%)	A N(%)
Rural cannabis users N=214	138 (0.64)	67 (0.31)	9 (0.04)	343 (0.80)	85 (0.20)
Control N=301	207 (0.69)	83 (0.27)	11 (0.04)	497 (0.83)	105 (0.17)
$\chi^2$		1.04		.97	
<i>p</i> value		0.595		0.324	

P – statistical significance  $\chi^2$  test; N – number of subjects

**Table 2.** Frequency of genotypes of the DRD2 Tag1D rs1800498 gene polymorphism in rural cannabis users and in controls

Group	DRD2 Tag1D rs1800498 Genotypes Alleles				
	T/T N(%)	C/T N(%)	C/C N(%)	T N(%)	C N(%)
Rural cannabis users N=214	65 (0.30)	105 (0.49)	44 (0.21)	235 (0.55)	193 (0.45)
Control N=301	108 (0.36)	142 (0.47)	51 (0.17)	358 (0.59)	244 (0.41)
$\chi^2$		2.11		2.13	
<i>p</i> value		0.348		0.144	

P – statistical significance  $\chi^2$  test; N – number of subjects

The means and standard deviations for all NEO Five Factor Inventory scales and STAI state and trait scale for rural cannabis users and control subjects are presented in Table 3.

**Table 3.** STAI and NEO Five Factor Inventory results (sten scale) in group of healthy controls and in group of rural cannabis users

STAI / NEO Five Factor Inventory	Rural cannabis users (N = 214)	Control (N = 301)	Z	<i>p</i> Value
<b>STAI state/scale</b>	<b>5.86</b> (2.47)	<b>4.69</b> (2.14)	<b>5.535</b>	<b>0.000</b>
<b>STAI trait/scale</b>	<b>7.15</b> (2.38)	<b>5.16</b> (2.18)	<b>8.733</b>	<b>0.000</b>
<b>Neuroticism/scale</b>	<b>6.74</b> (2.27)	<b>4.67</b> (2.01)	<b>9.573</b>	<b>0.000</b>
<b>Extraversion/scale</b>	<b>5.74</b> (2.10)	<b>6.37</b> (1.97)	<b>-3.253</b>	<b>0.001</b>
<b>Openness/scale</b>	<b>5.04</b> (2.00)	<b>4.53</b> (1.61)	<b>2.835</b>	<b>0.004</b>
<b>Agreeability/scale</b>	<b>4.29</b> (1.97)	<b>5.60</b> (2.09)	<b>-6.825</b>	<b>0.000</b>
<b>Conscientiousness/scale</b>	<b>5.49</b> (2.25)	<b>6.08</b> (2.15)	<b>-2.845</b>	<b>0.004</b>

P – statistical significance; Z – U Mann-Whitney test; N – number of subjects

Significant between-group differences are marked in bold.

When comparing the control group, no statistically significant difference was observed in the occurrence of genotypes for the *DRD2 Tag1B* rs1079597 gene in rural cannabis users (G/G 0.64 vs. G/G 0.69, A/G 0.31 vs. A/G 0.27, A/A 0.04 vs. A/A 0.04,  $\chi^2 = 1.04$ ;  $p = 0.595$ ). This was similar in the case of a statistically significant difference in the frequency for the *DRD2 Tag1B* rs1079597 alleles between the rural cannabis users and the controls (G 0.80 vs. G 0.83, A 0.20 vs. A 0.17,  $\chi^2 = .97$ ;  $p = 0.324$ ). When comparing the control group and rural cannabis users, no statistically significant differences were observed in the genotype frequency for the *DRD2 Tag1D* rs1800498 gene (T/T 0.30 vs. T/T 0.36, C/T 0.49 vs. C/T 0.47, C/C 0.21 vs. C/C 0.17,  $\chi^2 = 2.11$ ;  $p = 0.348$ ), nor was there a statistically significant difference in the frequency for the *DRD2 Tag1D* rs1800498 alleles between the rural cannabis users and the control group (T 0.55 vs. T 0.59, C 0.45 vs. C 0.41,  $\chi^2 = 2.13$ ;  $p = 0.144$ ).

When analyzing the controls and the study subjects, for the latter, definitely increased scores were observed for the STAI state scale (M 5.86 vs. M 4.69;  $p < 0.001$ ), STAI trait scale

(M 7.15 vs. M 5.16;  $p < 0.001$ ), NEO Five Factor Inventory scale of Neuroticism (M 6.74 vs. M 4.67;  $p < 0.001$ ), and the NEO Five Factor Inventory scale of Openness (M 5.04 vs. M 4.53;  $p < 0.01$ ).

Differences were observed between the controls and the study group which showed significantly lower scores on the NEO Five Factor Inventory scale of Extraversion (M 5.74 vs. M 6.37;  $p \leq 0.001$ ), the NEO Five Factor Inventory scale of Agreeability (M 4.29 vs. M 5.60;  $p < 0.001$ ), and the NEO Five Factor Inventory scale of Conscientiousness (M 5.49 vs. M 6.08;  $p < 0.01$ ). The results of 2x3 factorial ANOVA of the NEO Five-Factor Personality Inventory (NEO-FFI) and the State-Trait Anxiety Inventory (STAI) sten scales are shown in d in Tables 6. and 7. Significant results were noted when comparing STAI trait scale for *DRD2 Tag1B* rs1079597 ( $F_{2,510} = 5.62$ ;  $p < 0.01$ ), which accounted for 2.2% of variance. Significant results were also noted when comparing groups (rural cannabis users vs controls) in relation to NEO FFI Extraversion and *DRD2 Tag1D* rs1800498 ( $F_{2,510} = 3.88$ ;  $p < 0.05$ ), which accounted for 1.5% of variance (Fig. 1). *Post-hoc* analysis is shown in Tables 4 and 5.

**Table 4.** Differences in *DRD2 Tag1B* rs1079597 and STAI /NEO Five Factor Inventory between healthy control subjects and rural cannabis users

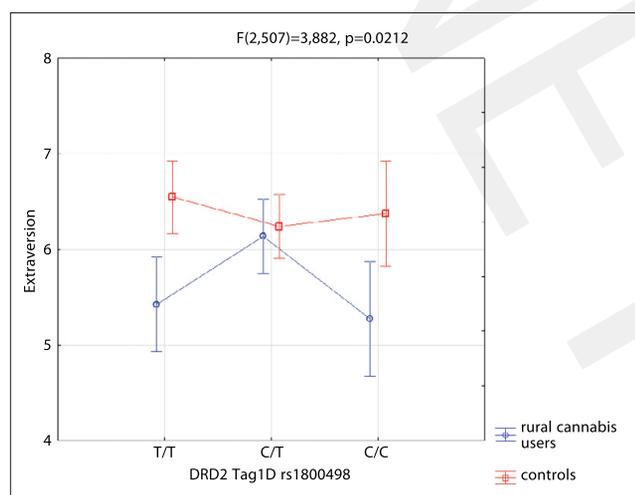
STAI /NEO Five Factor Inventory	<i>DRD2 Tag1B</i> rs1079597					Factor Effects ANOVA			
	rural cannabis users (N=214)	control (N=301)	G/G (N=345)	A/G (N=150)	A/A (N=20)	factor	F (p value)	$\eta^2$	power (alpha=0,05)
STAI state /scale	M=5.86 SD=2.47	M=4.69 SD=2.14	M=5.13 SD=2.37	M=5.11 SD=2.29	M=6.30 SD=2.34	intercept	<b><math>F_{1,510} = 897.34</math> (p=.000)</b>	<b>.639</b>	<b>1.000</b>
						cannabis /control	<b><math>F_{1,510} = 9.641</math> (p=.002)</b>	<b>.019</b>	<b>.873</b>
						<i>DRD2 Tag1B</i>	$F_{2,510} = 2.44$ (p=.088)	.009	.491
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = 0.24$ (p=.789)	.0009	.087
						intercept	<b><math>F_{1,510} = 1267.11</math> (p=.000)</b>	<b>.715</b>	<b>1.000</b>
STAI trait /scale	M=7.15 SD=2.38	M=5.16 SD=2.18	M=6.01 SD=2.49	M=5.70 SD=2.34	M=7.50 SD=2.48	cannabis /control	<b><math>F_{1,510} = 27.23</math> (p=.000)</b>	<b>.051</b>	<b>.999</b>
						<i>DRD2 Tag1B</i>	<b><math>F_{2,510} = 5.62</math> (p=.004)</b>	<b>.022</b>	<b>.858</b>
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = .05$ (p=.948)	.0002	.058
						intercept	<b><math>F_{1,510} = 1138.80</math> (p=.000)</b>	<b>.692</b>	<b>1.000</b>
						cannabis /control	<b><math>F_{1,510} = 27.95</math> (p=.000)</b>	<b>.052</b>	<b>.999</b>
NEO FFI Neuroticism /scale	M=6.74 SD=2.27	M=4.67 SD=2.01	M=5.52 SD=2.42	M=5.42 SD=2.20	M=6.25 SD=2.31	<i>DRD2 Tag1B</i>	$F_{2,510} = 1.25$ (p=.288)	.005	.271
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = 0.80$ (p=.451)	.003	.186
						intercept	<b><math>F_{1,510} = 1388.44</math> (p=.000)</b>	<b>.732</b>	<b>1.000</b>
						cannabis /control	<b><math>F_{1,510} = 5.11</math> (p=.024)</b>	<b>.010</b>	<b>.617</b>
						<i>DRD2 Tag1B</i>	$F_{2,510} = .69$ (p=.500)	.003	.167
NEO FFI Extraversion /scale	M=5.74 SD=2.10	M=6.37 SD=1.97	M=6.04 SD=2.03	M=6.22 SD=2.11	M=6.45 SD=1.90	cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = .61$ (p=.541)	.002	.153
						intercept	<b><math>F_{1,510} = 1082.03</math> (p=.000)</b>	<b>.681</b>	<b>1.000</b>
						cannabis /control	<b><math>F_{1,510} = 5.93</math> (p=.015)</b>	<b>.012</b>	<b>.681</b>
						<i>DRD2 Tag1B</i>	$F_{2,510} = .32$ (p=.726)	.001	.101
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = .65$ (p=.524)	.003	.158
NEO FFI Agreeability /scale	M=4.29 SD=1.97	M=5.60 SD=2.09	M=5.04 SD=2.17	M=5.05 SD=2.09	M=5.45 SD=2.01	intercept	<b><math>F_{1,510} = 923.72</math> (p=.000)</b>	<b>.645</b>	<b>1.000</b>
						cannabis /control	<b><math>F_{1,510} = 15.94</math> (p=.000)</b>	<b>.030</b>	<b>.979</b>
						<i>DRD2 Tag1B</i>	$F_{2,510} = .55$ (p=.575)	.002	.142
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = .02$ (p=.976)	.0001	.054
						intercept	<b><math>F_{1,510} = 991.95</math> (p=.000)</b>	<b>.662</b>	<b>1.000</b>
NEO FFI Conscientiousness/scale	M=5.49 SD=2.25	M=6.08 SD=2.15	M=5.89 SD=2.00	M=5.78 SD=2.15	M=5.40 SD=2.80	cannabis /control	$F_{1,510} = 2.60$ (p=.107)	.005	.363
						<i>DRD2 Tag1B</i>	$F_{2,510} = .49$ (p=.610)	.002	.131
						cannabis/control x <i>DRD2 Tag1B</i>	$F_{2,510} = 1.06$ (p=.348)	.004	.235

Significant between-group differences are marked in bold.

**Table 5.** Differences *DRD2 Tag1D* rs1800498 and STAI /NEO Five Factor Inventory between healthy control subjects and rural cannabis users

STAI /NEO Five Factor Inventory	DRD2 Tag1D rs1800498					Factor Effects ANOVA			
	rural cannabis users (N= 214)	control (N= 301)	T/T (N= 173)	C/T (N= 247)	C/C (N= 95)	factor	F (p value)	$\eta^2$	power (alfa=0,05)
STAI state /scale	M=5.86 SD=2.47	M=4.69 SD=2.14	M=5.18 SD=2.41	M=5.11 SD=2.31	M=5.31 SD=2.36	intercept	<b>F<sub>1,510</sub>=2298.10 (p=.000)</b>	<b>.819</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=31.50 (p=.000)</b>	<b>.058</b>	<b>.999</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =0.27 (p=.766)	.001	.092
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =0.38 (p=.687)	.001	.110
						intercept	<b>F<sub>1,510</sub>=3251.76 (p=.000)</b>	<b>.865</b>	<b>1.000</b>
STAI trait /scale	M=7.15 SD=2.38	M=5.16 SD=2.18	M=6.03 SD=2.44	M=5.80 SD=2.43	M=6.36 SD=2.55	cannabis/control	<b>F<sub>1,510</sub>=85.40 (p=.000)</b>	<b>.144</b>	<b>1.000</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.92 (p=.148)	.007	.398
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.08 (p=.922)	.0003	.062
						intercept	<b>F<sub>1,510</sub>=3143.67 (p=.000)</b>	<b>.861</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=112.20 (p=.000)</b>	<b>.181</b>	<b>1.000</b>
NEO FFI Neuroticism/scale	M=6.74 SD=2.27	M=4.67 SD=2.01	M=5.43 SD=2.36	M=5.46 SD=2.32	M=5.85 SD=2.42	<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =0.91 (p=.404)	.004	.206
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.11 (p=.331)	.004	.245
						intercept	<b>F<sub>1,510</sub>=3794.62 (p=.000)</b>	<b>.882</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=15.89 (p=.000)</b>	<b>.030</b>	<b>.978</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.24 (p=.290)	.005	.270
NEO FFI Extraversion/scale	5.74 SD=2.10	M=6.37 SD=1.97	M=6.13 SD=2.12	M=6.20 SD=1.98	M=5.86 SD=2.10	cannabis/control x <i>DRD2 Tag1D</i>	<b>F<sub>2,510</sub>=3.88 (p=.021)</b>	<b>.015</b>	<b>.701</b>
						intercept	<b>F<sub>1,510</sub>=3061.59 (p=.000)</b>	<b>.858</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=28.90 (p=.003)</b>	<b>.017</b>	<b>.851</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.09 (p=.910)	.0004	.064
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.14 (p=.873)	.0005	.071
NEO FFI Openness /scale	M=5.04 SD=2.00	M=4.53 SD=1.61	M=4.77 SD=1.85	M=4.74 SD=1.75	M=4.69 SD=1.84	intercept	<b>F<sub>1,510</sub>=2526.91 (p=.000)</b>	<b>.833</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=48.89 (p=.000)</b>	<b>.088</b>	<b>1.000</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.00 (p=.368)	.004	.224
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.79 (p=.456)	.003	.184
						intercept	<b>F<sub>1,510</sub>=2951.19 (p=.000)</b>	<b>.854</b>	<b>1.000</b>
NEO FFI Agreeability/scale	M=4.29 SD=1.97	M=5.60 SD=2.09	M=4.97 SD=2.29	M=5.09 SD=2.05	M=5.15 SD=2.08	cannabis/control	<b>F<sub>1,510</sub>=6.72 (p=.010)</b>	<b>.013</b>	<b>.735</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.60 (p=.548)	.002	.150
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.46 (p=.233)	.006	.313
						intercept	<b>F<sub>1,510</sub>=3061.59 (p=.000)</b>	<b>.858</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=28.90 (p=.003)</b>	<b>.017</b>	<b>.851</b>
NEO FFI Conscientiousness/scale	M=5.49 SD=2.25	M=6.08 SD=2.15	M=5.80 SD=2.37	M=5.92 SD=2.13	M=5.69 SD=2.11	intercept	<b>F<sub>1,510</sub>=2951.19 (p=.000)</b>	<b>.854</b>	<b>1.000</b>
						cannabis/control	<b>F<sub>1,510</sub>=6.72 (p=.010)</b>	<b>.013</b>	<b>.735</b>
						<i>DRD2 Tag1D</i>	F <sub>2,510</sub> =.60 (p=.548)	.002	.150
						cannabis/control x <i>DRD2 Tag1D</i>	F <sub>2,510</sub> =1.46 (p=.233)	.006	.313
						intercept	<b>F<sub>1,510</sub>=3061.59 (p=.000)</b>	<b>.858</b>	<b>1.000</b>

Significant between-group differences are marked in bold

**Figure 1.** Tested groups' (rural cannabis users vs controls) *DRD2 Tag1D* rs1800498 polymorphism interaction for the NEO FFI Extraversion

## DISCUSSION

The presented study was conducted among cannabis dependent patients with the investigation of two polymorphisms located in *DRD2* gene, the *Taq1D* and *Taq1B*. The Big Five Questionnaire (NEO FFI) was also applied to evaluate personality traits, together with the STAI scale to measure anxiety and its modulating aspects in substance dependence occurrence.

Since marijuana addiction ought to be treated holistically, both the genetic factors – the influence of which has already been determined – and psychological factors that are an integral part of whole spectrum of addiction symptoms, were considered. The personality traits or anxiety level of the individual are conditioned by numerous decisions and behaviours in daily life, among them the decision to use or choose an addictive substance. Many such processes are influenced by impulse or a high level of anxiety, or inability to cope with stress. The current multi-dimensional analysis partly allowed the observation of a correlations in this area. It was seen that the scores of STAI inventory were significantly different between the study group and the controls. Dependent

subjects were characterized with a higher anxiety trait as well as state scores. For both polymorphism, a variant interaction was observed for anxiety as a trait and as a state in the ANOVA model. A characteristic feature of anxiety disorders seemed to be that they often occurred simultaneously with substance dependence, and observed more often in families with a history of problems with substance use [4]. When comparing individuals affected with substance disorders and their family history of dependence with the controls, a higher number of anxious-impulsive personality traits were observed in the first group. Because of the fact the anxious-impulsive personality traits may be treated as probable endophenotype conditioning, the vulnerability of, e. g. cocaine or amphetamine dependence occurrence, the individuals with increased anxiety were more prone to the development substance dependence [53, 54]. There are many studies that noted the relationship between anxiety traits measured by STAI and dependence [55]. A study from 2014 emphasized that addicted patients represented an increased score, not only in STAI inventory, but also in the depression scale, and lower in the stress tolerance scale [56]. It is worth mentioning that clinical, as well as research data, suggest that the ability to deal with stress or a bad mood are one of the most common motives of psychoactive substance usage among heavy abusers [57].

When comparing the controls and the study group, it can be observed that the scores of the NEO Five Factor Inventory scale of Neuroticism, the scores for Openness are significantly higher, whereas the scores on the NEO Five Factor Inventory scale of Extraversion and Conscientiousness are significantly lower. Both polymorphisms considered in the study show a variant interaction for all traits measured by the NEO-FFI in ANOVA model. What is even more important is that studies emphasize a significant relationship between the trait of personality and problematic substance use. The higher stress sensitivity observed among individuals abusing psychoactive substances and their non-affected relatives, indicates the fact that neuroticism could be assumed as an endophenotype influencing substance use disorder. Terracciano et al. noted that high scores of neuroticism traits are also associated with the usage of other psychoactive substances, i.e. tobacco, heroin and cocaine [24]. It is worth considering that individuals who use marijuana are also low on the Conscientiousness scale, but average or high on the Openness scale, which is a characteristic feature of substance users. It should also be emphasized that the observation that all 6 factors of the neuroticism trait are also associated with tobacco, heroin and cocaine use [24].

In the case of tobacco smokers, researchers noticed that tobacco abstinence correlates with low scores on neuroticism and openness, whereas high scores of neuroticism and low scores on agreeableness and conscientiousness remained in correlated with the most negative outcomes, which include a greater number of cigarettes smoked per day [58].

However, there are reasons for also applying genetic factors within the dimension of the studied genetic polymorphisms in correlation with psychological factors among marijuana abuse individuals. For organism functioning in health (and, thus avoidance of psychoactive substances overuse), the personality component in connection with stress coping is the crucial element. Numerous scientific studies have also demonstrated the association of chosen polymorphic variants with psychosocial functioning and human behaviours [59, 60, 61].

Polymorphisms *Taq1B* and *Taq1A* are considered to be a part of the haplotype that may be associated with the history of suicide attempts in alcohol-dependent subjects, compared with alcohol dependent subjects who did not have any record of suicidal attempts in their medical history [62].

In the current study, the *Taq1B* polymorphism was in correlation with the anxiety level in the study group. The study of De Ruyck et al. concerning *Taq1B* noted a significant association between *Taq1B* and nicotine dependence [63]. It emphasized the fact that patients with variant alleles of the *DRD2 Taq1A* or *Taq1B* polymorphism demonstrated a two or three times increased risk, respectively, identified as highly vulnerable to nicotine dependence. There is only one recent study concerning the role of *DRD2 Taq1B* polymorphism in nicotine dependence. The tested group of 91 white Americans did not allow the observation of a positive association between the two polymorphisms [64]. However, there exists a precise linkage between the *Taq1A* and *Taq1B* polymorphisms which indicated that the effect of *Taq1B* is dependent on *Taq1A*; hence, the correlation of the intronic *Taq1B* SNP may be influenced by the activity of *Taq1A*.

There exists only one observed association in the group which replaced nicotine with a simultaneous combination of venlafaxine for 6 weeks, and was found for *DRD2 Taq1B* polymorphism [30]. A higher risk of heroin dependence is theoretically correlated with the the T allele of rs1079597 (*Taq1B*) in the *DRD2* gene [65].

The significance of *DRD2* gene polymorphism noted in the current and other studies is also supported by biological aspects. The rs1079597 polymorphism of the *DRD2* gene seems to be conditioned with a low density of the dopamine receptor [66]. The presence of A allele in polymorphisms – rs1800497 of the *ANKK1* and rs1076560 located in *DRD2* – was associated with a reduced availability of the receptor [67]. It is also worth mentioning that the *DRD2* occurred in 2 main splice molecular variants (mRNA) with different lengths. When comparing the D2 short form with the D2 long form, a shortage of exon 6 transcript was observed.

The results of the current study suggest an important function of intronic polymorphisms in the ration of 2 different transcription variants of the D2 receptor gene [68]. The variants rs1079597 and rs1800497 show, to some extent, similar association with other psychological disorders, and interestingly both influence D2 receptor bonding potential to a corresponding level [69, 70]. It should also be emphasized that the meaning of rs1800498 (T/C) polymorphism, for which an association was observed between the studied groups (cannabis users vs. controls) and *DRD2 Taq1D* rs1800498, influences the results of the NEO FFI extraversion scale. Lower values of the NEO FFI Extraversion scale were observed in the group of cannabis users with T/T and C/C polymorphisms, compared to the control group. Whereas for C/T polymorphism, no differences were observed between cannabis users and control group. Other authors have also searched for associations with addiction in the same area of interest.

Vereczkey et al. noted that haplotype analysis demonstrated a relationship of this polymorphism with various forms of addiction, among them heroin and nicotine addiction [71, 72]. Previous studies have also emphasized the relationship of this polymorphism with the prognosis and treatment in the case of schizophrenia occurrence [69]. One of the most recent studies by the authors of the current study demonstrated that

an allelic variant T of the rs1800498 polymorphism of the *DRD2* gene occurred significantly more frequently in opiate and cannabis addicts, compared with controls [73].

Nevertheless, the results of studies are contradictory. Fernández-Castillo et al. argued that they did not observe any association between *Taq1B* and cocaine dependency; similarly, Małacka et al. did not note any association between *Taq1B* and *Taq1D* with alcohol dependence [74, 75].

When considering other populations, no association between *Taq1B* and vulnerability to smoking was observed in a Thai male population, and no association was observed between *Taq1B* and cannabis addiction in a Turkish population [76, 77]. A study conducted among a group of 97 ADS-treated patients of Chinese origin, among them were the group of 34 people with behavioural disorders and 63 without such disorders, observed associations with *Taq1B* polymorphism. The study revealed that the genotype A/A and A allele were present more often in the group of alcohol addicted patients with co-morbid behavioural disorders, than in the control group of healthy people [78]. This is exactly the reason why studies such as the current one considering psychological and genetic factors are necessary.

The polymorphisms considered in this study, as well as the psychological aspect, should also be of interest to other researchers. However, in most cases the analyses were performed separately, which justifies the necessity to combine the analysis of psychological factors with genetic factors, especially in the case of addictions.

## CONCLUSIONS

The study shows differences in personality traits between the group using cannabis using and the controls. An interaction between genetic factors and personality traits were also detected. The motives, as well as the precise endophenotype and its relation with proper therapy choice, are still not known. Further analysis concerning more numerous groups, more psychometric tests and a higher number of candidate genes, are essential for achieving indisputable results.

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## Conflicts of Interest

The authors have no conflicts of interest to declare.

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