

Microbiological assessment of cleanliness of surfaces and equipment in a children's operating theatre on the example of a selected hospital

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Abstract

Introduction. The operating theatre is one of the most important places in a hospital. Due to the presence of numerous reservoirs of microorganisms and the invasiveness of surgical procedures it is necessary to ensure high hygiene standards in these locations.

Objective. The aim of the study was to carry out a qualitative assessment of the microbiological cleanliness of the surfaces and equipment in an operating theatre.

Materials and method. The results of microbiological tests of the surfaces and equipment of the Children's Operating Theatre in Clinical Provincial Hospital No. 2 in Rzeszów, southeast Poland, during 2007–2012 were reviewed retrospectively.

Results and conclusions. For the analysis, a total of 1,819 swabs were collected, of which 1.05% were positive. Positive results were obtained mainly from samples taken from moist places (57.9%). Among the microorganisms isolated, Gram-negative bacteria constituted the majority (57.9%), *Pseudomonas* bacteria were found most frequently (31.6%). Isolated microbes can be the etiological agent of nosocomial infections.

Key words

nosocomial infections, pathogenic microorganisms, microbiological cleanliness

INTRODUCTION

The operating theatre is one of the most important places in a hospital. Due to the invasiveness of the surgical procedures performed and the possibility of post-operative infections, it is absolutely necessary to ensure high standards of hygiene in these locations.

Contaminated surfaces in the hospital environment, especially in the operating theatre environment, significantly increase the risk of pathogens responsible for infections associated with healthcare. In connection with the above, cleaning procedures, proper skin hygiene and effective disinfection are of key importance in preventing the spread of infections [1]. Positive results of microbiological monitoring of the operating theatre environment should always be the basis of verification of the sanitary and hygiene procedures in force at the facility [2].

OBJECTIVE

The aim of the study was a qualitative assessment of the microbiological cleanliness of the surfaces in a Children's Operating Theatre.

MATERIALS AND METHOD

The results of microbiological tests of the surfaces and equipment in a Children's Operating Theatre carried out in 2007–2012 at the Clinical Provincial Hospital No. 2 in Rzeszów, southeast Poland, were reviewed retrospectively. Samples for testing were collected by swabbing from places where microbial contamination was most likely to be found and cleaning was most difficult. The checking of microbiological cleanliness did not include typical medical instruments. In accordance with the applicable methodology, the collected material was incubated in enriched broth at 37°C for 24 hours. After this time, cultures were prepared in blood agar and MacConkey agar. The dishes with blood agar and MacConkey medium were incubated for 24 hours at 37°C. In the case of growth on the media, Gram stained preparations were made, microorganisms were identified using BIOMERIEUX API tests. The drug resistance profile was examined by the disc diffusion method, or with aid of the VITEK2 automatic system (BIOMERIEUX) for identification and determination of the drug susceptibility of microorganisms [3, 4].

RESULTS

In 2007–2012, the microbiological cleanliness of the surfaces of a Children's Operating Theatre was studied, on average, once every quarter. In the analysed period, a total of 1,819

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smears were collected from dry and wet places. Between 220–363 samples were obtained annually. Of the 1,819 samples, only 19 bacterial strains were isolated, of which 11 (57.9%) were Gram-negative and 8 (42.1%) Gram-positive. Among of microorganisms isolated, Gram-negative bacteria accounted for the majority (57.9%), and the most frequently found microorganisms were bacteria of the genus *Pseudomonas* (31.6%) (Tab. 1).

Evaluation of the data obtained showed no seasonal variation in the range of microbiological contaminants.

Analysis of the profile resistance to antibiotics indicated a high level of sensitivity of the cultured microorganisms. Methicillin-resistant *Staphylococcus aureus* was isolated from one sample.

Positive results of microbiological tests were obtained mainly from samples taken from moist places (57.9%). The remaining positive results (42.1%) concerned smears obtained in dry places – Table 2.

Table 1. Swabs taken from the surfaces of the equipment of a Children's Operating Theatre in the years 2007–2012 and the microorganisms cultured

Year	Number of samples taken n	Positive results n /%	Cultured microorganisms	Drug sensitivity of microorganisms cultured*
2007	312	4/1.3%	<i>Enterobacter cloacae</i>	GM(s), CAZ(s), CTX(s), CIP(s), SXT(s)
			<i>Serratia marcescens</i>	CIP(s), GM(s), CAZ(s), SXT(s), TZP(s)
			<i>Pseudomonas stutzeri</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
			<i>Pseudomonas stutzeri</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
2008	336	6/1.9%	<i>Enterococcus faecalis</i>	AM(s), P(s), VA(s), GM(r), IPM(s)
			<i>Staphylococcus aureus</i>	SXT(s), CM(s), E(s), P(s), OX(s)
			<i>Staphylococcus aureus MRSA</i>	SXT(s), CM(r), E(r), P(r), OX(r)
			<i>Pseudomonas aeruginosa</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
			<i>Pseudomonas stutzeri</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
			<i>Pseudomonas stutzeri</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
2009	329	1/0.3%	<i>Enterococcus faecalis</i>	AM(s), P(s), VA(s), GM(s), IPM(s)
			<i>Pseudomonas aeruginosa</i>	CIP(s), TZP(s), PIP(s), CAZ(s), IPM(s)
2010	259	3/1.1%	<i>Acinetobacter junii</i>	SXT(s), GM(s), CAZ(s), TZP(s), CIP(s)
			<i>Escherichia coli</i>	CTX(s), TM(s), SXT(s), GM(r), AMC(r)
2011	363	3/0.8%	<i>Staphylococcus aureus</i>	SXT(s), CM(s), E(s), P(s), OX(s)
			<i>Enterococcus faecalis</i>	AM(s), P(r), VA(s), GM(s), IPM(s)
			<i>Acinetobacter spp.</i>	SXT(r), GM(s), CAZ(s), TZP(s), CIP(s)
			<i>Enterococcus faecalis</i>	AM(s), P(s), VA(s), GM(s), IPM(s)
2012	220	2/0.9%	<i>Enterococcus faecalis</i>	AM(s), P(s), VA(s), GM(s), IPM(s)
			<i>Enterococcus faecalis</i>	AM(s), P(s), VA(s), GM(s), IPM(s)
Total	1819	19/1.05%		

* Legend: r – resistant, s – sensitive

AM – Ampicillin, AMC – Amoxicillin/Clavulanic acid, CAZ – Ceftazidim, CIP – Ciprofloxacin, CM – Clindamycin, CTX – Cefotaxim, E – Erythromycin, GM – Gentamicin, IPM – Imipenem, OX – Oxacillin, P – Penicillin, PIP – Piperacillin, SXT – Trimethoprim/Sulfamethoxazole, TM – Tobramycin, TZP – Piperacillin/Tazobactam, VA – Vancomycin

Table 2. Type of surfaces where potentially pathogenic microorganisms were found

Wet places			Dry places		
Surface	Positive results of microbiological tests n/% of all positive results	Microorgan-isms cultured	Surface	Positive results of microbiological tests n/% of all positive results	Microorgan-isms cultured
Wash basin in the toilet	6/31.6%	<i>Serratia marcescens</i> <i>Pseudomonas aeruginosa</i> <i>Enterococcus faecalis</i> <i>Pseudomonas aeruginosa</i> <i>Acinetobacter junii</i> <i>E.coli</i>	Instrument cabinet top	2/10.5%	<i>Pseudomonas stutzeri</i> <i>Enterococcus faecalis</i>
Wash basin for instruments	1/5.2%	<i>Enterobacter cloacae</i>	Transport trolley	1/5.2%	<i>Pseudomonas stutzeri</i>
Soap dispenser lever	2/10.5%	<i>Enterococcus faecalis</i> <i>Enterococcus faecalis</i>	Cabinet for sterile equipment	3/15.8 %	<i>Pseudomonas stutzerii</i> <i>Pseudomonas stutzerii</i> <i>Staphylococcus aureus</i>
Inner surface of a water bath	2/10.5%	<i>Enterococcus faecalis</i> <i>Staphylococcus aureus</i>	Operating lamp	1/5.2%	<i>Acinetobacter spp.</i>
–	–		Tray	1/5.2%	<i>Staphylococcus aureus</i> <i>MRSA</i>
Total	11/57.9%			8/42.1%	

DISCUSSION

Infections in hospital are among the most complex problems related to the hospitalization of patients. They may be a consequence of lack of due diligence in the application of medical procedures, and improper organization of work at the facility [5].

As part of comprehensive measures to reduce the risk of nosocomial infections, it is justified to implement not only appropriate procedures for the decontamination of the hospital environment, but also methods allowing assessment of their effectiveness [6].

Cleaning and disinfection of surfaces and equipment in the operating block in the period under discussion was carried out manually by wiping, using of mops and cloths in accordance with the principle of single contact. Disinfection preparations were selected according to the hazard and type of disinfected area. Mainly solutions of preparations lasting up to 15 minutes were used, while complying with the parameters recommended by the manufacturer regarding concentration, time of operation and temperature.

The assessment of contamination of surfaces and equipment of the Children's Operating Theatre in 2007–2012 indicated sporadic shortcomings in the effectiveness of cleaning and disinfection, as evidenced by the positive results of the microbiological examination obtained in the case of 1.05% of samples taken. Surface contamination with pathogenic microorganisms should be taken as a signal of the need to check the effectiveness of cleaning and disinfection [7].

Qualitative analysis of the microflora isolated from the operating theatre environment showed that more than half of the positive results were Gram-negative bacteria, and the most frequently found microorganisms were rods of *Pseudomonas*. These bacteria are a common cause of nosocomial infections, both exogenous and endogenous [8, 9].

During the analysed period, microorganisms from the *Enterobacteriaceae* family and Gram-positive cocci were found sporadically in the collected samples. Microorganisms from the *Enterobacteriaceae* family can cause infections of various systems: primarily the urinary tract, digestive tract, and can also cause sepsis [10].

Gram-positive cocci (*Enterococcus faecalis*) are mainly opportunistic microorganisms, most enterococcal infections occur in immunocompromised patients [11].

The microorganisms *Staphylococcus aureus* very easily colonize the surface of the skin and mucous membranes, especially damaged ones. *Staphylococcus aureus* is a special threat for the immunocompromised [12].

The limitation of this study is the lack of quantitative microbiological examination of the surfaces. Hence, further studies are needed for a full characterization of the microflora.

CONCLUSIONS

The degree of microbiological contamination of the operating theatre surfaces and equipment was low, which indicates occasional shortcomings in the field of cleaning. Microorganisms that may constitute the etiological factor of nosocomial infections were isolated from the material collected for the study. Particularly worrying was the presence in the samples taken for analysis of methicillin-resistant *Staphylococcus aureus* (MRSA).

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